



Services in The Black Country

Dudley

- Physio – Chest Clearance via Respiratory consultant
- Pulmonary Rehabilitation – electronic referral on EMIS
- Action Heart Exercise Referral Scheme – for breathless patients requiring supervised exercise conditioning: direct referral via electronic form on EMIS; Also “Action Health” for cancer referrals requiring supervised exercise conditioning - electronic referral or hard copy referral form (which has to be scanned and emailed to:- action.heart@nhs.net) accepted.

The above referrals lead to 12 weeks of supervised, or remote, exercise with Action Heart. Counselling and weight management included.

- Cardiac/Pulmonary Rehabilitation – Stable patients with Heart Failure & Lung Disease, refer to Pulmonary Rehabilitation. Stable patients with Heart Failure & no Lung Disease, refer to Action Heart.
- Oxygen - electronic referral on EMIS
- FAB Group (Fatigue, Anxiety & Breathlessness) - marystevenshospice.co.uk/our-care/refer/

Lets Get Healthy – Patient refer via website:

www.letsgethealthy.co.uk
www.dudleyci.co.uk/services/lets-get-healthy-dudley

Sandwell & West Birmingham

- Patients registered with Sandwell & WB CCG practice and/or a Sandwell resident:
- Please refer patients needing breathlessness management using our Community Contact Centre, where you can access the Cardio-Respiratory services for patients with Heart Failure, COPD, Asthma, Bronchiectasis and ILD.

Treatments offered are:

- Pulmonary Rehabilitation
- Onwards referral to Cardiac Rehabilitation (patients with Heart Failure only)
- Individualised Breathlessness management depending on diagnosis/condition
- Chest Physio for patients (for patients with respiratory disease & retaining sputum)
- Long-Covid Clinic

Community Contact Centre number - **0121 507 2664**

Community Palliative Care: Connected Palliative Care:
call: **0121 507 3611**
email: wb-tr.swbh-gm-connected-pc-hub@nhs.net

Walsall

- General Respiratory Issues:-
- North Locality hub contact: **01922 605750**
- East Locality hub contact: **01922 605442**
- South Locality hub contact: **01922 605752**
- West Locality hub contact: **01922 605764**

Community Palliative Care Physio/OT –
email: palliativeahp.team@nhs.net **01922 602630**

Community CNS/Consultant –
email: palliativecns.team@nhs.net **01922 602620**

Walsall Specialist Stop Smoking Service **01922 444044**

Wolverhampton

- Pulmonary Rehabilitation - electronic referral
- Lets Breathe - accessible to hospice patients experiencing breathlessness & fatigue. 4 week rolling program for 6 patients 2 hrs p/wk
Criteria - already known to Compton Care; GSF green; reversible causes exclude Covid-19 & chest infection.
- Palliative breathlessness management refer via our care coordination team **01902 774570** or via our website
www.comptoncare.org.uk/referral-form

Current at date of print - check current services

Breathlessness Ladder

- Pharmacological Intervention – Opioids
- Pharmacological interventions
- Non-pharmacological interventions
- Identify patients and optimise disease treatment & treat reversible causes

